

# ONTARIO HANDSPINNING SEMINAR

**JUNE 3 - 5, 2022**

## **Spinning Joyful Communities**

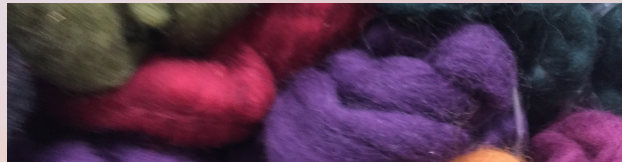
### **Spinning to Satisfy our Souls**

Exploring how spinning can promote joy and wellness while building a supportive community of creative fibre makers.

**SPRING  
NEWSLETTER**

[WWW.ONTARIOHANDSPINNINGSEMINAR.CA](http://WWW.ONTARIOHANDSPINNINGSEMINAR.CA)

# JUNE 3 - 5, 2022



Now that we are reaching the end of March we are all looking forward to the end of snow and the beginning of spring flowers. The committee has spent the fall and winter working hard to create another virtual seminar. When we made the decision last summer to go virtual once again it was a difficult decision but it has allowed us to focus on creating the best event possible for you to enjoy.

The feedback we received from last year's event was wonderful and incredibly helpful in shaping the 2022 Seminar. We have over 20 people contributing to this year's content. Some of that will be presented in similar formats to last year in videos and articles but we have also worked to include live hands-on workshops this year. There are also two keynote speakers who will be speaking to us all live and answering your questions.

Last year's social events were filled with laughter and inventive spinning and our plans for this year's events will create a space for that again. We also have some extra surprises and treats in store for you. Last year some of you got together for watch parties and we are hopeful that you will be able to do so again this year.

Read on for the details of our plan for this year's seminar.

#### The Committee

Beth Showalter (Chair) | Anna Warren (Registrar) | Angela Whyte | Edy Marlatt | Joan Ang | Joan McKenzie | Margo Murley | Leslie Falzone

Registrar : 322 - 125 Raymond St | Guelph ON N1H 3S6

# VIRTUAL SEMINAR

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## The Weekend Will Include

- Two live keynote presenters
- Articles
- Video presentations
- Patterns
- Q&A sessions
- Friday & Saturday night social events
- Handmade by You Presentation
- Live hands-on workshops via Zoom
- Author presentation

### Registration

Opens April 2nd at 8 am

**\$75**

Includes everything but the Live  
workshops

### Live Workshops

Registration: April 2 - April 30

**+\$35**

Limited enrollment classes to be  
held live over zoom.

## Equity Pricing

It is the goal of the Seminar to create an environment for all handspinners to meet and share their love and knowledge of the craft. It moves around the province in order to be more accessible and in this spirit, we are trying to incorporate an equity pricing model.

In these models, those who cannot afford to pay the full amount of registration are offered a lower price. It incorporates the honour system so people do not have to disclose their personal information and no one is judging whether someone deserves a lower price. For the 2022 Seminar, we are able to offer 5 registrations at the reduced cost of \$55.

# KEYNOTE SPEAKERS



## TEENA JENNINGS

### Community Spinning in the Village of Soutanana, Madagascar

A graduate of the OHS Spinning Certificate program and spinner of over 40 years, Teena will speak about the role of handspinning in the reforestation of a village in Madagascar.

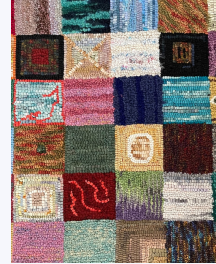
## CARSON DEMERS

### A Spinner's Longevity

A physical therapist in the San Francisco Bay area Carson will discuss the importance of ergonomics for handspinners and provide some methods to reduce risk and improve efficiency.



# VIDEOS & ARTICLES



We had great success with our articles and video presentations last year so we reached out to more people in the handspinning community to share even more. These will be available to all registrants from June 4th to August 31st.

## **Meet the sheep & Shepherdess at Twin Oaks Farm | Laura Sharpe**

Take a tour of a local fibre farm throughout the seasons.

## **Fairy Baskets | Theresa English**

Discover fibres in your surrounding neighbourhood, how to harvest and process them and learn to make baskets and bags."

## **The Joy of Using Handspun Yarn in Rug Hooking | Diny Warren**

Learn how to use up those little bits in your stash and the basics of rug hooking.

## **Rebuilding Community – One Thread at a Time | Wave Fibre Mill ~ Wave Weir**

Witness the refurbishment of a fibre processing mill, using a compilation of industrial equipment.

## **A Spinning Life: I never dreamed... | Beth Abbott**

A dive into the adventure that is Beth Abbott's spinning life

## **Where We Spin | Van Waffle**

Join Van in talking to several noted handspinners about how they rely on places for inspiration, nourishment, and community.

## **Using Spinning to Recover from a Life Setback – A Wellness Journey | Rebecca Lamperd**

Explore how to use spinning to bring ourselves back from setbacks and to heal.

## **Self-Supported Spinning: Getting Out Of Our Own Ways | Angela Whyte**

Explore our relationship with perfection, how it can help and harm us, and ways of approaching creativity that can feel less potentially overwhelming.

## **Developing a Community of Spinners through Social Media | Marcelo Martins**

Explore the world of community building in this modern era.

## **Treat Yourself to Something Special | Beth Abbott**

Choosing a special fibre, preparation, project, spinning, keeping consistency, finishing, and producing the item.



# LIVE WORKSHOPS

To further extend your experience at the Seminar, we are offering several live workshops over zoom this year. Enrolment in these will cost an additional \$35.00. The workshop will be recorded and those registered for it will have access to the video until August 31st. The registration window for the workshops begins April 2nd at 8:00 am and will close on April 30. There are limited spaces so be sure to sign up fast!

For more information on these workshops including equipment requirements and material information visit the website under the 2022 Seminar and Workshops section.

## **Spinning to Weave - Tips and Tricks for Success | Nina Bates**

Weaving with your handspun yarns is satisfying. Whether you are using up your odd skeins or spinning for a specific project, there are many ways to help pave the way for your success.



## **Getting the Most Out of Your Drum Carder | Roy Clemes**

Unlock your (and your drum carder's) potential in this action-packed fiber prep primer for beginners and seasoned fiber artists.

## **Stress and Relaxation: the Yin and Yang of Well-being | Lisa Murray**

Understand why creating and working with your hands causes a calmness and a simple joyful state of being and why this is good for your health!



## **Taking the Stress Out of Spinning | Rebecca Lamperd**

We will look at spinning for the sake of spinning, how to throw some of your fibre and yarn stash together to rescue it, and how not taking ourselves so seriously all the time will bring joy to spinning.



# LIVE WORKSHOPS CONTINUED



## **Spinning a Rainbow of Yarns (inspired by the 12-step Colour Wheel) | Barb Fawcett**

Focus will be placed on designing yarns based on the 12-step colour wheel and will inspire creativity to construct literally hundreds of colours using tints, tones, and shades.

## **Spinning thread for meaningful stitching | Sarah Wroot**

Many of us spin yarns to hand weave fabric for garments, but we can also spin yarns for threads for hand-sewing to assemble and embellish those garments – or anything else!



## **A Sampling of Ontario Fibres | Julia Lee**

Participants will receive a package containing about 6 different protein fibres, all grown and prepared in Ontario by our local community.

## **Supported Spindling: Getting Started & Finding Joy in Being “Learner” Again | Rachel Smith**

This 2-hour workshop will introduce participants to the world of supported spindling, offering a description of the types out there and their role in our spindle fleets.



## **Making Friends with Your Spinning Wheel | Elana Goodfellow**

Understanding how your wheel operates and what it excels at is directly related to the success and the pleasure of a spinner.

# Handmade By You

Last year we were able to put together a video showcasing the beautiful items created by you our registrants. We are looking forward to seeing what you have been up to this past year and sharing it on the Seminar weekend.

We hope some of those items will incorporate yarn made in our Spin-O-Rama event at the Saturday Social last year. We will be asking you to vote once again on which item makes you say WOW.



Please send your submission to this email address: [seminarsubmissions@gmail.com](mailto:seminarsubmissions@gmail.com). If your attachments are too large, please send an email with that information to the same address, and someone will be in touch to help you out.

With your submission, we'd like to know the following (If you are submitting more than one item please make sure you include this information for each item.):

What is your item called?

What pattern did you use to create it?

What materials and processes did you use to create it?

What else would you like us to know about your item?

"Peace  
comes to  
me  
through  
making  
things with  
my hands."

IRA BLOUNT





## VENDORS

if you are a fibre retailer we invite you to send us the following that we can share on our site and on our socials. We will also invite you into our private Facebook group where you can share with registrants about your business.

### Basics

Your Business Name

Business Description

Contact Information

Website

Photograph

Even More

More photos

A Video

Send your content to us by  
April 16 to  
[edymarlatt1@gmail.com](mailto:edymarlatt1@gmail.com)



## 2023 COMMITTEE

The majority of the current committee has had a wonderful three years meeting and organizing the Handspinning Seminar. It started with in-person meetings that included some delicious potlucks. The first seminar we organized was unfortunately cancelled but we managed to pivot to a virtual event for the next year and once again for this year. The video meetings have worked out to be a wonderful way to have regular check in's without the mileage.

The Seminar's tradition has the committee refresh and renew every two years. This allows for new ideas and energy to permeate the event. This year we have had two new members to the committee who intend to stay on but they need others to join them.

If you have never been on the committee consider giving it whirl. Having a common project to work towards has been such an excellent way to form new friendships and bonds. While the Seminar does take work to pull together there is a grand variety of tasks so there's something for everyone. Whether your strengths lie with communicating with potential instructors or perhaps being an MC. Or if you prefer to work behind the scenes on organizational tasks or come up with plans for social events.

If you have been on the committee take a moment to reflect on those friendships you built during that time. In these times when we have been isolated so much what better time to embark on another Seminar. Your experience and input would be invaluable to the next committee.

If you have any interest in joining in organizing the 2023 Seminar please reach out to the board president Mara Lusi [maralu1147@gmail.com](mailto:maralu1147@gmail.com)

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## Volunteers

Throughout the weekend the committee could use a little help. It may be asking the first question in our Q&A's or if you're a bit more tech-savvy recording one of the simultaneous workshops. We will support and prep anyone for the task they agree to do. There will be a spot on registration to sign up but also feel free to email us at [ontariohandspinningseminar@gmail.com](mailto:ontariohandspinningseminar@gmail.com)



## Legal Stuff

The Ontario Handspinning Seminar cannot be responsible for an inability to connect due to personal internet issues or digital theft of images. We will take every precaution to ensure your content does not get shared beyond this platform. We will be hosting this event on password-protected sites and will remove them after August 31, 2022. The virtual Seminar content will be for the registered participants only and for personal use. The participants will agree not to share the content and links with others.



## A New Website !

Did you notice something different on your way here? The website perhaps? Our webmasters have been hard at work rebuilding the site on a new platform. This should allow an improved registration format and an even better virtual format. The new host has more customization for all the different devices you might be accessing the website from. We hope you take some time to look around the galleries, in particular, they are a wonderful way to spend an afternoon.

(We also welcome folks' own snapshots from the weekend. [handspinningseminar@gmail.com](mailto:handspinningseminar@gmail.com) )

## Board of Directors

President: Mara Lusic

Vice President: Edy Marlatt

Secretary: Anna Warren

Treasurer: Catharina Forbes

Members at Large: Beth Showalter, Donna Hancock, Grace Clare, Lis Baston

## Code of Behaviour

The Ontario Handspinning Seminar strives to promote and establish a safe, respectful and positive atmosphere:

For shared knowledge,

For respect of ideas, cultures, and values and

In a common space for learning.

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